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Female Kundalini (Paperback)

By Margaret Miranda Dempsey

Life Force Books, United States, 2014. Paperback. Book Condition: New. 220 x 142 mm. Language: English . Brand New Book ***** Print on Demand *****. Female Kundalini is first and foremost the true story of my spiritual journey, my Alpha to Omega. I have striven to make it as authentic and true as possible. It s entitled Female Kundalini because Shakti is female, and even though Shakti is female, each of us - male or female - share this energy. I am a female and have experienced Kundalini so Female Kundalini is an appropriate title. The book describes my experiences, and it is only through experiences that I am able to summon the authority to speak on this topic. I don t offer techniques or methods to awaken Kundalini because I don t advocate using techniques or methods beyond attending Kundalini yoga classes. I don t guarantee that if someone were to do the same things I have done, either intentionally or unintentionally, that he/she would achieve at the same results. What I do know, and would stake my life on, is the universality of the life force energy that lies within. I didn t recognize that I was on...



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Reviews

The book is great and fantastic. Yes, it really is engage in, still an interesting and amazing literature. You wont feel monotony at at any moment of your respective time (that's what catalogs are for regarding if you request me).

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The book is fantastic and great. It is filled with wisdom and knowledge I am just easily will get a enjoyment of looking at a composed publication.

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