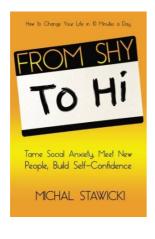
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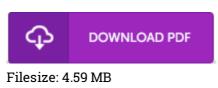
# FROM SHY TO HI: TAME SOCIAL ANXIETY, MEET NEW PEOPLE AND BUILD SELF-CONFIDENCE (PAPERBACK)



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